



# The Wellness Wire

a digital resource of the Fundy Wellness Network

Issue 8: June 15, 2017

The following news, activities and events have been shared for this edition (June 15 – July 15). Please share among your networks.

- **KV Walkers Summer Walk Series - 12 Weeks/12 Walks** starts **June 19<sup>th</sup>**. Join walks all summer long on Monday evenings at 6:45pm and Tuesday mornings at 9:30am. Join our [KV Walker Facebook page](#) to receive weekly notifications of the walks. See you and a friend on the trail!
- **Passport to Parks** is back this summer with 6 parks and 6 days of fun at various City of Saint John parks. [Check out the 2017 schedule.](#)
- The **Wave Outdoor Pool** is now open at the Qplex. Check out the [summer schedule.](#)
- Saint John will host **Canada 150 celebrations** from June 16 – July 1. [View the schedule.](#)
- **Evolution of High Performance Program – Getting There** | Keynote Speaker and Workshop  
Saturday, June 24, 2017 | 10:00 am – 12:00 pm | UNBSJ Irving Hall Room 107 | FREE  
For more information, contact [gregory.cutler@saintjohn.ca](mailto:gregory.cutler@saintjohn.ca) or 650-3763.
- **Summer Camp** info at your fingertips. Click the links for info:
  - [City of Saint John Playground Program](#)
  - [Town of Rothesay Playground Program](#)
  - [Boys & Girls Club Camps](#)
  - [CGAC camps](#)
  - [YMCA camps](#)
- Coming up at the **Agar Work Room | 658-6680**  
All Workshops are free and all are welcome! Please phone, e-mail or drop in to register!
  - [Resume Writing workshop](#)  
Monday, June 19th, 10:00am | Learn how to write a great resume!
  - [Hospitality and Food Service Industry Career Fair](#)  
Monday, June 19th, 2:00pm-4:00pm | Meet face to face with employers! Come prepared with your resume.
  - [Researching Career Prospects Workshop](#)  
Thursday, June 22nd, 2:00pm | Discover how to research various careers!

Submissions for *The Wellness Wire* can be sent to [fundywellnessnetwork@gmail.com](mailto:fundywellnessnetwork@gmail.com)