

2015 Seniors Directory

Royal Canadian Legion, NB Command.....	634-8850
Saint John Arts Centre.....	633-4870
Saint John Learning Exchange.....	648-0202
Saint John Volunteer Centre.....	658-1555
Salvation Army Family and Community Services.....	634-1633
For Information on Seniors' Clubs - Senior's Resource Centre.....	633-8781
Senior Watch Inc / CARE-ED Learning.....	634-8906 / 1 800-561-2463
University of New Brunswick Saint John.....	648-5670
Walksn' Talks.....	672-8601
YMCA.....	634-7720
Zoomers on the Go.....	632-5537
Transportation	
A2B Transportation.....	631-0968
Handi-Bus.....	648-0609
Saint John TransIt.....	658-4700




Produced By



Human Development Council



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The toll-free Seniors Information Line provides basic information about provincial programs and services and assists older adults to navigate their way through the various government departments and agencies

Call Seniors Information Line:
1-855-550-0552

Thank You To Our Sponsors



Senior Watch Inc
dedicated exclusively to senior care

Senior Watch provides compassionate, personalized in-home and in-hospital Senior Care, 24/7 in the Saint John area. We are committed to meeting the physical and emotional needs of clients and families ensuring the highest level of care. This is achieved by employing compassionate caregivers who have been trained to the highest standards using a gerontology-based curriculum.

Call:

634-8906

Senior Watch Inc. / CARE-ED Learning.....	634-8906 / 1-800-561-2463
Seniors Medic Alert.....	1-800-688-1507
Shoppers Drug Mart (Crown Street).....	636-9610
Social Development N.B.....	1-866-441-4340
St. Joseph's Community Health Centre.....	632-5537
Tele-Care.....	811
Total Ability Occupational Therapy for Everyone.....	652-5353
Vial for Life	
Grand Bay-Westfield / Hampton / Sussex.....	757-1020
Quispamsis / Rothesay.....	847-6300
Saint John.....	658-4549
Vitalaire.....	1-800-362-2473
We Care Home Health Services.....	657-2273

Housing

Carleton Kirk Complex Inc.....	643-7040
Charlotte Court.....	466-1759
Chateau de Champlain.....	633-1195
CMHC.....	1-800-668-2642
Hillcrest Village.....	672-6041
Home Energy Assistance Program.....	1-800-669-7070
Housing Alternatives.....	632-9393
Killam Apartments.....	652-7368
Kings Valley Manor.....	847-5343
Legion Court.....	847-7998
Loch Lomond Villa.....	643-7175
Nursing Homes - contact Social Development N.B.....	1-866-441-4340
New Brunswick - Office of the Rentalsman.....	658-2512
Outflow Mens Shelter.....	634-7021
Saint John Non Profit Housing.....	658-1925
Special Care Home Assoc. Inc.....	643-8514
Trinity Bicentennial Apartments.....	763-3183

Recreation / Leisure / Learning

Boys & Girls Club Saint John.....	634-2011
Canada Games Aquatic Centre.....	658-4715
Carleton Community Centre (Shuffleboard).....	214-7003
Libraries, Fundy Region	
Kennebecasis Valley.....	849-5314
Saint John (Uptown).....	643-7236
Saint John (East).....	643-725
Saint John (West).....	643-7260
Market Place Wellness Centre (Pickleball, Dancing, Zumba).....	674-4335
New Brunswick Community College (Saint John).....	658-6600
New Brunswick Federation of Senior Citizens.....	1-800-453-4333
Recreation / Leisure, Municipal Departments	
Grand Bay-Westfield, Town of.....	738-6423
Quispamsis, Town of.....	849-5778
Rothesay, Town of.....	848-6606
Saint John, City of.....	658-2908

Counselling & Support

Canadian Mental Health Association
 Saint John.....633-1705
 Canadian Red Cross, Friendly Visiting & Telephone
 Reassurance Programs.....674-6132 / 1-800-588-4881
 CHIMO Suicide Crisis Line Inc.....1 800-667-5005
 CNIB.....634-7277
 Community Mental Health Services
 Saint John.....658-3737
 Family Plus / Life Solutions.....634-8295
 Gentle Path Counselling.....652-7284
 Human Development Council - 211NB
 Information on Programs/Services in Saint John.....633-INFO(4636)
 Loch Lomond Villa, Senior's Outreach Centre.....643-7140
 Mobile Mental Health Crisis Line.....1-888-811-3664
 Ridgewood Addiction Services (Saint John).....674-4300
 Saint John Deaf and
 Hard of Hearing Services.....633-0599 / TTY 634-8037
 Seniors Resource Centre.....633-8781
 Senior Watch Inc. / CARE-ED Learning.....634-8906 / 1-800-561-2463
 St. Joseph's Community Health Centre.....632-5537
 Victorian Order of Nurses.....635-1530
**Legal / Safety/ Food
 AMBULANCE / EMERGENCIES.....911**
 Canada Revenue Agency
 Canada Pension Plan / Old Age Security1-800-277-9914
 GST/HST.....1-800-959-1953
 Income Tax Enquiries.....1-800-959-8281
 TTY 1-800-255-4786
 Domestic Violence Action Group.....632-5616
 Financial and Consumer Services Commission.....1-866-933-2222
 Fraud - Call the Saint John Police.....648-3333
 Fundy Region Transition House.....466-4485
 Hestia House.....634-7571
 Legal Aid New Brunswick.....633-6030
 Low-Income Seniors Benefit.....1-800-277-9914
 Meals on Wheels
 Community Meals on Wheels Saint John Inc.....658-1888
 Kings Valley Wesleyan Meals on Wheels.....847-5343
 St. Mark's Meals on Wheels.....849-5111
 New Brunswick Justice and Consumer Affairs.....658-2400
 Office of the Rentalsman.....658-2512
 RCMP.....1-800-665-6663
 Rothesay Regional Police Force.....847-6300
 Romero House.....642-7447
 Saint John Food Purchase Club.....632-5537
 Saint John Police Force (Non Emergency).....648-3333
 Salvation Army, Hope Cafe.....634-1633

Service Canada1-800-622-6232
 TTY 1-800-926-9105
 Service New Brunswick - information on provincial government
 programs and services (e.g. property tax, motor vehicles, disabled
 parking permits, birth / death certificates).....658-2500
 Social Development N.B.(Affordable Housing, Social Assistance,
 Long-term Care, Adult Protection).....1-866-441-4340
 Sussex Vale Transition House.....433-1649
 Veterans' Affairs
 English.....1-866-522-2122
 French.....1-866-522-2022
 Volunteer Income Tax Program
 Seniors Resource Centre.....633-8781
 For Other Locations Call Human Development Council.....633-4636

Health / Home Care (including Equipment & Relief Care)

Alzheimer Society, New Brunswick.....459-4280
 Alzheimer Society, Saint John Branch.....634-8722
 Arthritis Society, Saint John Branch.....1-800-321-1433
 Assessments Plus.....657-7587
 Bayshore Home Health.....633-9588
 Bellwether Healthcare Solutions Inc.....1-866-788-8500
 Bobby's Hospice.....632-5593
 Breast Screening - Saint John area (St. Joseph's Hospital).....632-5566
 Canadian Cancer Society, Southern District Office.....634-6277
 Canadian Diabetes Association.....693-4232
 Canadian Red Cross.....674-6200 / 1 800-588-4881
 Centenary Queen Sq. Care Centre, Adult Outreach Centre.....657-6681
 CNIB.....634-7277
 Extra Mural Program
 Kennebecasis Valley.....848-4600
 Saint John.....635-8686
 Foot Care
 Comcare Health Services.....634-1505
 Footech.....657-0800
 Integrity Home Health Services.....657-1273
 Jackie's Foot Care.....696-7672
 Orthopedics Plus.....633-1312
 Senior Watch Inc.....634-8906
 Ther-a-ped.....632-9397
 VON.....635-1530
 Go-Ahead Seniors Healthy Active Living Program for the 50 Plus
 Saint John.....849-1947
 Harding Medical.....633-5097
 Heart & Stroke Foundation.....634-1620
 Home Hair Care, Genia's Mobile.....672-3333

Hospitals - including clinics and health centres:
 Ridgewood Veterans Wing.....635-2420
 Saint John Regional Hospital.....648-6000
 St. Joseph's Hospital.....632-5555
 Medical Clinics:
 Crown Street Medical Clinic.....635-2273
 KV Medical Clinic.....849-2273
 Market Place Wellness Centre.....674-4335
 St. Joseph's Community Health Centre.....632-5537
 St. Joseph's Hospital Walk-In/Urgent Care Centre.....632-5700
 West Side Medical Clinic.....693-2273
 Integrity Home Health Service.....657-1273
 King's County Home Care Services Ltd.....847-5295
 KV Hearing Centre.....847-3030
 Kindred Home Care.....608-0775
 Lawtons Home Health Care.....635-1126
 Lifeline
 Saint John Regional Hosp. Auxiliary, Lifeline Program.....648-6692
 Loch Lomond Villa, Seniors Outreach Program.....643-7140
 MedicareNB.....1-800-684-7901
 Medichair.....693-3330
 Meditrust Pharmacy.....674-4444
 Metro Health Services Inc.....648-6150
 New Brunswick Heart Centre.....648-7782
 New Brunswick Prescription Drug & Seniors' Health Benefit Programs -
 Medavie Blue Cross.....1-800-332-3692
 Nursing Homes: Call Social Development N.B.....1-866-441-4340
 Parkinson Society.....1-800-663-2468
 Private Duty Nurses Registry.....647-5375
 Public Health, Saint John.....638-8401
 Quality Respiratory Care Inc.....638-2454
 Red Cross Senior's Rehabilitative Equipment Program.....674-6200
 Riley Home Health Service.....672-1943

GOT QUESTIONS?

GET ANSWERS

The Community Information Centre is your one stop shop for information on programs and services in Saint John.



Call 633-4636
 OR
 Visit
www.saintjohninfo.ca

"The Best Service to find the Right Service"